

LIVING DAIRY FREE

AN INGREDIENT
LIST TO MAKE LIFE
SIMPLER.

HIDDEN WORDS FOR
DAIRY

- Acidophilus Milk
- Ammonium Caseinate
- Butter
- Buttermilk
- Buttermilk Solids
- Calcium Caseinate
- Casein
- Caseinate (All Variations)
- Condensed Milk
- Cream
- Delactosed Whey
- Demineralized Whey
- Dry Milk
- Galactose
- Ghee
- Iron Caseinate
- Lactoferrin
- Lactoglobulin
- Lactulose
- Lactose
- Lactalbumin
- Magnesium Caseinate
- Milk Derivative
- Milk Solids
- Milk Curds
- Milk Powder
- Natural Flavors
- Natural Butter Flavor
- Nougat
- Paneer
- Potassium Caseinate
- Recoldent
- Rennet Casein
- Sodium Caesinate
- Whey
- Zinc Caseinate
- Ingredients beginning with "Lacto"
- Supplements: ie Acidophilus, Bifido, Flora, Probiotics